

ROCKYVIEW LACROSSE NEWSLETTER

Evaluations

Evaluations for the A teams in Pee wee, Bantam & Midget will begin this Sunday, March 5th. Evaluations for Novice, and B/C in Pee wee, Bantam & Midget will start the week of Sunday, March 12th.

If you do not make an A team this time around, you will need to still attend the B/C evaluations.

If you haven't received an email about your A tryout, please contact our registrar as you might not be registered to try out.

You can find the full schedule on our website under "Calendar of Events".



Due to lack of available floor in Airdrie & Cochrane, we have had to branch out further and have evaluations in Calgary. We hope you understand and apologize for the inconvenience.

Free Goalie Clinic!

FREE Goalie Clinic! Rockyview lacrosse is hosting a free goalie clinic for our Rockyview members on Saturday, March 11th at the Spraylakes Sawmills Family Centre in Cochrane.

Novice & Pee wee will attend from 1:45-2:45pm, Bantam & Midget will attend from 2:45-3:45pm.

The camp is coached by Ryan McBride, Ryan was drafted by the Calgary Roughnecks in 2014, he also was the goalie for our Sr B Knights, the Jr A Raiders and is the current Head Coach for our Jr B Silvertips! Please register

at: <http://rockyviewlacrosse.ca/regi.../register-for-box-lacrosse/>



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Changing the Game Project

Over the last few months you've probably noticed on our Twitter and Facebook pages a lot of posts from Changing the Game Project. We listened to a speaker from the project at the ALA AGM in November and were completely inspired! We learned so much about how our actions as parents, coaches, managers, board members, etc are affecting the longevity of kids playing sports. 70% of children drop out of organized athletics by the age of 13! I'm sure most of us grew up playing sports or being active all through High School so to hear that kids are not being active past the age of 13 is so sad. We are wanting to change that! The CDLA has invited the Changing the Game Project for our coaches and parents to attend! The times are TBD but there will be 2 sessions on April 8th (also our Fun Day) and 1 session on April 9th.



Youth Sports has become an ultra-competitive, adult centered enterprise that has taken the “play” out of “play ball” for far

too many kids, but we can change that. Glen Mulcahy will be doing presentations for Calgary District Lacrosse where you will learn;
-Changing the Game: How to keep kids in sports!
-Leadership secrets from the world's greatest coaches & organizations

Glen Mulcahy is a former youth athlete who played on three provincial winning teams in hockey, football and rugby, completed a degree in Physical Education (Kinesiology major) and has now coached various sports for over 20 years. Since 2009 he has also been a coach mentor in his role as BC Hockey Course Facilitator running Hockey Canada's NCCP required clinics and has now certified 1000's of coaches both in the recreational and competitive streams.

Glen is also a parent of two kids that have played recreational and competitive sports since 2000 and as a result of the numerous issues that he has seen first hand that has taken the “play” out of youth sports, he founded PARADIGM Sports to work with parents, coaches and executive members so we can bring the game back to the kids....where it belongs.

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FUN DAY!

Rockyview Lacrosse is holding their annual Fun Day on Saturday, April 8th! Every team will get to play a game and get their team and individual pictures taken. We have food, vendors and great lacrosse games going all day! Our Jr B Silvertips will have 50/50's, prizes, stick stringing and more!

Coaching Mentorship

Rockyview Lacrosse has invited Andrew McBride out to our Fun Day and host some coaching mentorships sessions. We will schedule coaches in around the times they will already be at Genesis. More details to be release soon!

If you are interested in coaching this year, it's not too late! Please contact Keith at coach@rockyviewlacrosse.ca.



When will my season start?

A common question once registration ends is, "when will my kids start playing?" Aside from the evaluation schedule which is on our website, this is an idea of when you will start practices:

Girls Teams – March 22nd

A Teams – March 26th

B Teams – Week of April 3rd

C Teams – Week of April 3rd

Novice Teams – Week of April 3rd

Tyke Teams – Week of April 3rd

Mini Tyke Teams – Week of April 3rd

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Tyke & Novice Festival

The Alberta Lacrosse Association is proud to announce the inaugural 2017 Tyke and Novice Festival to be held in Calgary Alberta, July 13-16, 2017. This event will be held at the Calgary South Soccer Centre. Accommodations have been secured at Hotel Alma and Summer Residences at the University of Calgary for out of town teams.

The 150 Anniversary Celebration of Lacrosse has the potential to include 109 Tyke teams, 110 Novice teams and 15 Novice Female teams. All Tyke and Novice players in the province are invited to participate in friendly competition, exciting festival activities, and make new lacrosse friends that will last a lifetime.

All teams wishing to participate can complete the intent for found at www.albertalacrosse.com Intent forms are due June 1, 2017.

Rosters will be those registered with the ALA Registration System

All Teams will be assigned to pools based on league and tournament competition from the 2017 Season

Please direct all questions to Lisa Grant at lisa@albertalacrosse.com

Lisa Grant

Executive Director, Alberta Lacrosse Association

Suite 4 – 9 Chippewa Rd

Sherwood Park, AB T8A 6J7

lisa@albertalacrosse.com

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Merged Jersey

Thank you to everyone who voted on the merged jersey logo! There have been a couple of revisions since then, and we can't wait to show you the final product!

